



## Member's Code of Conduct

*New Horizons Club is committed to upholding the highest ideals of sport and recreation. All members participating in activities are to abide by the following code.*

### *Sportsmanship*

- I will practice good sportsmanship
- I will act in ways that bring respect to me, my coaches, my team and New Horizons Club
- I will not use bad language
- I will not swear or insult other persons
- I will not fight with other members/athletes, coaches, volunteers or staff

### *Training and Competition*

- I will train regularly
- I will learn and follow the rules of my sport
- I will listen to my coaches and the officials and ask questions when I do not understand
- I will always try my best during training, divisioning and competitions
- I will not "hold back" in preliminary competition just to get into an easier finals competition division

### *Responsibility for My Actions*

- I will not make inappropriate or unwanted physical, verbal or sexual advances on others
- I will not smoke in non-smoking areas
- I will not drink alcohol or use illegal drugs at New Horizons Club sports events
- I will not take drugs for the purpose of improving my performance
- I will obey all NHC constitutions and rules as well as the Australian governing body's rules for my sport(s)

*I understand that if I do not obey this code of conduct, I will be subject to a range of consequences by the NHC Board of Management for a competition, up to and including not being allowed to participate.*

<i>Member's Name:</i>	<i>Signed:</i>	<i>Date:</i>
<i>Witness Name:</i>	<i>Signed:</i>	<i>Date:</i>